

# Suicide Prevention

Dec 2018

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## Reports

### [HSIB national report reinforces need for 24/7 emergency mental health care](#)

The Healthcare Safety Investigation Branch (HSIB) has published its latest report highlighting the variation in mental health care across emergency departments and setting out recommendations aimed at improving patient care.

### [Mental Health of Children and Young People in England, 2017](#)

In the latest report from NHS Digital figures reveal that a quarter (25.5%) of 11 to 16-year-olds with a mental disorder had self-harmed or attempted suicide at some point, compared to 3.0% of those who were not diagnosed as having a mental disorder. In 17 to 19-year-olds with a mental disorder, nearly half (46.8%) had self harmed or made a suicide attempt.

## News

### [Small Talk Saves Lives campaign sees increase in public looking out for those at risk](#)

Following the launch of [Small Talk Saves Lives](#) by the Samaritans in partnership with British Transport Police (BTP), Network Rail and the wider rail industry, new figures reveal that there were 163 interventions by members of the public between January and September this year – a 20% increase compared with 2017.\* It means around 1 in 10 interventions are by the public.

### [We need to build better mental health for all of our young people](#)

Samaritans CEO Ruth Sutherland champions the importance of teaching children and young people emotional resilience from an early age, as NHS Digital reveals new data on young people's mental health. Being able to talk about suicidal thoughts is essential. It's the first step on the road to being able to understand them and find the most appropriate support available. There is evidence that thoughts of suicide, plans and attempts increase from adolescence onwards.

[UK Appoints Minister for Suicide Prevention](#) The UK has appointed a government minister to lead suicide prevention efforts. The first position of its kind, the minister will focus on reducing suicide rates and addressing barriers to help-seeking.