

# Depression

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## **Annual Report**

[Psychological Therapies, Annual report on the use of IAPT services - England, further analyses on 2016-17](#) This detailed annual report from the IAPT 2016-17 dataset provides national and CCG level information about psychological therapies services in England. The report includes information about recovery and waiting times as well as the use of different types of therapy for specific conditions.

## **Animation**

[New animation highlights benefits of IAPT talking therapies](#) NHS England has launched a new animated video promoting talking therapies for common mental health issues such as anxiety and depression. The [animation](#) tells the story of Bernie, an older person who cares for his partner who has dementia, and becomes depressed and anxious.

## **Cochrane Review**

[Welfare-to-work interventions and their effects on the mental and physical health of lone parents and their children](#) Cochrane Review finds that welfare-to-work interventions (WtW) are designed to either encourage or require lone parents to look for work. Even when employment and income were higher for the lone parents in WtW, most participants continued to be poor. Perhaps because of this, depression also remained very high for lone parents whether they were in WtW or not.

## **Publication**

[Wellbeing and mental health: applying All Our Health](#) (updated 21 February 2018) Evidence and guidance to enable healthcare professionals make improvements against wider factors that affect health and wellbeing in mental health.

## **Systematic Review**

[Systematic Review Comparative efficacy and acceptability of 21 antidepressant drugs for the acute treatment of adults with major depressive disorder: a systematic review and network meta-analysis](#) All antidepressants were more efficacious than placebo in adults with major depressive disorder. Smaller differences between active drugs were found when placebo-controlled trials were included in the analysis, whereas there was more variability in efficacy and acceptability in head-to-head trials. These results should serve evidence-based practice and inform patients, physicians, guideline developers, and policy makers on the relative merits of the different antidepressants.

[Mental Elf analysis](#)

[NHS Choices analysis](#)

[Mind response](#)

## **Report**

[Monitoring the Mental Health Act report](#) Monitoring the Mental Health Act in 2016/17, the annual CQC report on the use of the Mental Health Act (MHA), looks at how providers are caring for patients, and whether patient's rights are being protected. [Response from Mind](#)