Lancashire Care NHS
NHS Foundation Trust

Depression

Jul 2017

Library & Information Service

Paper

A closer look at perinatal depression The authors of the current paper are from the Postpartum Depression: Action Towards Causes and Treatment (PACT) consortium. This is an international group of perinatal psychiatrists from 19 institutions in seven countries who aim to gather information about PND to explore a number of questions, including whether there are distinguishable subtypes of PND which might be relevant for treatment and prognosis, in particular taking into account comorbid anxiety.

Meta-analysis

Digital interventions for PTSD: meta-analysis suggests they may reduce symptoms Mental Elf blog examines a systematic review and finds that overall, the results suggest that e-mental health interventions may reduce PTSD symptom severity more effectively than active and TAU/waitlist controls.

Statistics

Six in 10 Clinical Commissioning Groups missing talking therapy targets The figures, from NHS England's mental health 'dashboard', highlight the proportion of CCGs meeting and missing their targets when it comes to increasing access to talking therapies. The latest data show that nearly 6 in 10 CCGs (57 per cent) are failing to meet the target for the proportion of people in their area that should be accessing talking therapies. Interactive map

Reports

A Mental Health Act fit for tomorrow: An agenda for reform Based on research involving over 8,000 people who use mental health services, carers, and professionals working in the field, the report concludes that the current Mental Health Act isn't fit for purpose. Half of those who responded did not think that people are treated with dignity and respect under the Mental Health Act.

Antidepressants were the area with largest increase in prescription items in 2016 Antidepressants saw the greatest numeric rise of all British National Formulary (BNF) therapeutic areas for prescription items dispensed in the community in England in 2016, according to a report published by NHS Digital. The report Prescriptions Dispensed in the Community 2006-2016 shows that for the fourth successive year, prescription items for antidepressants showed the greatest numeric rise. They increased by 3.7 million items (6.0 per cent), from 61.0 million to 64.7 million between 2015 and 2016.

Contact the Library

Used with kind permission from Mersey Care NHS Foundation